

Chapter 3: Jesus Lives in His Church

Before You Begin

1. Decide how or whether you will experience the media for this unit and chapter using a web-enabled smartphone or tablet.
2. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and art supplies.
3. Familiarize yourself with the **Words to Know** for this chapter: *Original Sin*, *faith*, *sacrament*, *bishop*, and *priest*.

Page 19 God Gives New Life in Baptism

Point out the picture at the top of page 19. Talk about Baptisms your family has attended and share any photos you may have. Talk about your child's godparents and why they were chosen. Say: ***At our Baptism, we become children of God.*** Ask: ***What does God give us at Baptism that makes us his children?*** (grace; a share in God's life) Say: ***God comes to live within us when we are baptized. At your Baptism, the priest asked us, "What name do you give your child?"*** Share with your child the reason you chose his or her name.

Invite your child to read aloud page 19. Call your child's attention to the **Words to Know** feature. Read aloud the definitions for *Original Sin*, *faith*, and *sacrament*.

Say: ***At Baptism, we receive three gifts: faith, hope, and love. Faith is trust in God and his teachings. Hope is confidence that God will always be with us. Love is care and respect we show for God and for one another. Faith, hope, and love strengthen our friendship with God.*** Together, find and pray the Act of Faith, Hope, and Love prayer on the inside back cover of the book.

Pages 20–21 The Church Welcomed Us in Baptism

Read aloud the first paragraph on page 20. Then invite your child to look at each picture and read aloud the words next to it.

Read aloud the Scripture passage from the **God's Word** feature on page 21. Say: ***This passage from the Bible reminds us how much God loves us.***

Invite your child to look at each picture on page 21 and read aloud the words next to it. Say: ***When you were baptized, Original Sin was taken away. You were given a white garment, which is a sign of the new life within you. The baptismal candle is a reminder to let Jesus' light shine within you.***

Page 22 We Belong to the Church, Jesus Helps Us Through His Church

Ask your child to read aloud page 22. Say: ***We are Christians. We believe in Jesus Christ and want to live and love as he did.*** Call your child's attention to the **Words to Know** feature. Read aloud the definitions for *bishop* and *priest*.

Say: ***Jesus chose leaders who would help us keep our promises as Christians.*** Ask: ***Who were they?*** (the Apostles) Say: ***Jesus chose Peter to lead his Church as the first pope. Peter and the rest of the Apostles cared for the Church by teaching people what Jesus taught them. The Apostles baptized people and helped them grow in God's life.***

Tell your child the name of the current pope. Say: ***The pope wants all people in the Church to know how important they are and what they can do to spread Christ's love. Our church leaders teach us and help us be like Jesus.***

Page 23 You Are a Part of the Church

Read aloud page 23. Say: ***Saint Paul also said that the Church is a house made of "living stones."*** Ask: ***What do you think that means?*** (The Church is really made of God's people and is not a building.) Say: ***Each of us is important to God's family, the Church. Without one of us, the Church is like a house with a missing stone. It is not as strong as it can be.***

Invite your child to complete the activity **You Are a Member of the Church**. Then lead your child in prayer using the **A Moment with Jesus** feature. Pray the Sign of the Cross to conclude the prayer.

If you choose, scan the QR code on the page and watch the video together.

Page 24 Chapter Review

Help your child complete the Chapter 3 Review on page 24. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**. Discuss the questions under **We Remember**. Review the **Words to Know** in this chapter by locating the words and their definitions in the **Glossary**. Call your child's attention to the **We Respond** section and pray the prayer together. Allow time for your child to complete the **Your Turn** activity. Ask your child to share what he or she wrote.

Page 25 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 25. Say: ***Peter reminds the early Christians who they are. We are God's people and part of his family, the Church.***

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: *In Baptism, grace flows into us like water or light. It washes away Original Sin.*

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. Say: *We belong to our family, our parish, our community, and our country. We also are members of the most important group of all—the family of God, the Church.* [ANSWER: the Church.]

Access additional Family Resources by scanning the QR code at the bottom of page 25.

Page 26 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 26. Say: *When we follow Jesus and do God's work, we can make a big difference. We can do great things for God and for others.*

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing to allow time for your child to reflect on each one.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *We can trust in God when are facing a problem and ask for his help. Faith in God helps us grow closer to him.*

Chapter 10: Jesus Leads Us to His Peace

Before You Begin

1. Decide how or whether you will experience the media for this unit and chapter using a web-enabled smartphone or tablet.
2. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and art supplies.
3. Familiarize yourself with the **Words to Know** for this chapter: *sin* and *temptation*.

Page 77 We Are Happy When We Say Yes to God

Call your child's attention to the photos on page 77. Ask: ***What are all the people on this page doing?*** (laughing, smiling, having fun) Say: ***Jesus wants all people to be happy.*** Read aloud and discuss the page. Ask: ***How do we show love for God and others?*** (by praying; by being kind and loving) Say: ***When we love God, others, and ourselves, we say yes to God and follow his laws of love.***

Page 78 We Need Jesus' Forgiveness

Invite your child to read aloud page 78. Call your child's attention to the **Words to Know** feature. Read aloud the definitions for *sin* and *temptation*.

Say: ***Sometimes a person might think about doing something he or she knows is wrong.*** Ask: ***When might someone be tempted to make a bad choice?*** (to do something he or she was told not to do; to try to avoid being punished) Say: ***It is not a sin to have a temptation. A sin is a choice to act on a temptation and do something wrong on purpose.*** Ask your child to complete the activity **What Is a Sin?** Then go over the answers.

Page 79 Jesus Gives Us the Sacrament of Penance and Reconciliation

Invite your child to read aloud page 79. Say: ***Jesus understands that it is not always easy to be loving. He knows how unhappy we feel when we have been unloving. That is why Jesus has given us a sacred gift to help us be happy again after we have sinned. In the Sacrament of Reconciliation, Jesus forgives us through the priest. When we feel the healing love of forgiveness, we can be happy and at peace again. We grow as Jesus' disciples.***

Guide your child to complete the activity **Peace Be with You**. Then go over the answers.

If you choose, scan the QR code on the page and watch the video together.

Page 80 Jesus Forgives

Read aloud page 80. Ask: *Why did Jesus forgive the woman who had sinned?* (She was sorry for her sins.) *How did the woman feel when Jesus forgave her?* (at peace)

Lead your child in prayer using the **A Moment with Jesus** feature. Then say: *We can always come to Jesus to ask for forgiveness and receive strength from the Holy Spirit to make good choices.* Pray the Sign of the Cross to conclude the prayer.

Page 81 Jesus Leads Us to Peace

Invite your child to read aloud page 81. Then ask him or her to complete the activity **We Show God's Peace**. When your child is finished, review and discuss the answers.

Page 82 Chapter Review

Help your child complete the Chapter 10 Review on page 82. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**. Have your child complete the activity and go over the answers. Review the **Words to Know** in this chapter by locating the words and their definitions in the **Glossary**. Discuss the questions under **We Remember**. Call your child's attention to the **We Respond** section and pray the prayer together. Allow time for your child complete the **Your Turn** activity. Ask your child to share what he or she drew.

Page 83 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 83. Say: *Jesus will always forgive us when we admit our sins and show that we are sorry.*

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Ask: *What happens in the Sacrament of Penance and Reconciliation?* (We tell the priest our sins. We say we are sorry. The priest forgives us in Jesus' name.)

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. Say: *A sin is different from a mistake or an accident. A sin is a choice to turn away from God's love.* [ANSWER: doing something we know is wrong.]

Access additional Family Resources by scanning the QR code at the bottom of page 83.

Page 84 Families in Mission, continued

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 84. Say: *Martin showed his love for Jesus by loving and caring for others.*

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing to allow time for your child to reflect on each one.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *One way to prepare for the Sacrament of Reconciliation is to remember to stop and think before we act. Doing something too fast can sometimes be a bad idea. God wants us to slow down and think about our choices. We can also pray to the Holy Spirit for guidance.*

Chapter 12: We Meet Jesus in the Sacrament of Reconciliation

Before You Begin

1. Decide how or whether you will experience the media for this unit and chapter using a web-enabled smartphone or tablet.
2. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and art supplies.
3. Familiarize yourself with the **Words to Know** for this chapter: *confession* and *penance*.

Page 91 Jesus Forgives Us

Invite your child to read aloud page 91. Say: *Jesus welcomes us and cares for us. When we have sinned, Jesus heals us through the Sacrament of Reconciliation.*

If you choose, scan the QR code on the page and watch the video together.

Page 92 We Confess Our Sins

Take turns reading aloud with your child page 92. Call your child's attention to the **Words to Know** feature. Read aloud the definitions for *confession* and *penance*. Say: *In the Sacrament of Reconciliation, when we tell our sins to the priest, we are also telling them to Jesus. We think about how we can make better choices in the future. The priest talks to us and helps us grow closer to Jesus. The priest is happy to answer any questions we have.*

Lead your child in reflective prayer using the **A Moment with Jesus** feature on page 92. Conclude by praying together the Sign of the Cross.

Page 93 We Feel at Peace

Invite your child to read aloud page 93. Then ask him or her to complete the activities **We Go to Confession** and **Peace Be with You**. When your child is finished, go over the answers. Discuss any questions your child may have.

Page 94 Chapter Review

Help your child complete the Chapter 12 Review on page 94. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**. Discuss the question under **We Remember**. Call your child's attention to the **We Respond** section and pray the prayer together. Review the **Words to Know** in this chapter by locating the words and their definitions in the **Glossary**. Allow time for your child to complete the **Your Turn** activity. Ask your child to share what he or she wrote.

Page 95 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 95. Say: ***When we are sorry, we feel sad. But something wonderful happens too. We become better friends with Jesus. Jesus helps us make things right. He fills us with peace.***

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: ***There are four main parts to the Sacrament of Reconciliation: We confess our sins, we say we are sorry, the priest pardons our sins in Jesus' name, and we are given a penance.***

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. Say: ***Penance can be a prayer, kind words, or a good deed. Acts of penance help us grow closer to Jesus and stay away from sin.*** [ANSWER: grow closer to God.]

Access additional Family Resources by scanning the QR code at the bottom of page 95.

Page 96 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 96. Say: ***Katharine prayed and was able to hear God's voice. The Holy Spirit gave her the courage to do great work for others.***

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing to allow time for your child to reflect on each one.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Say: ***God's love is powerful. When we do a loving action, it stays with us and then is shared with someone else. This is how we build God's kingdom.***

Chapter 13: We Grow as Disciples

Before You Begin

1. Decide how or whether you will experience the media for this unit and chapter using a web-enabled smartphone or tablet.
2. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and art supplies.
3. Familiarize yourself with the **Words to Know** for this chapter: *contrition* and *absolution*.

Page 97 God Helps Us Be Obedient

Call your child's attention to the picture of King David on page 97. Say: ***This is a picture of King David. He was one of Jesus' ancestors.***

Ask your child to read aloud the first paragraph on page 97. Then together pray King David's prayer. Ask: ***Why did King David want a clean heart?*** (He wanted joy and gladness.) ***Why did King David want a faithful spirit?*** (He wanted God's help to not sin again.) Read aloud the last paragraph. Say: ***Like King David, we feel sorry when we know that we have done wrong. When we ask for God's forgiveness, he will always give it to us.***

Page 98 We Are Sorry for Our Sins

Invite your child to read aloud page 98. Then call your child's attention to the **Words to Know** feature. Read aloud the definitions for *contrition* and *absolution*. Say: ***A prayer of sorrow tells God we are sorry and we want to change. You can use your own words, or you can learn a prayer of sorrow by heart.*** Find the Prayer of the Penitent (Act of Contrition) on the inside back cover of the Student Book. Then pray it aloud with your child.

Say: ***In the absolution or act of forgiveness, the priest forgives our sins in God's name and gives us God's peace. Then the priest dismisses us by saying, "Go in peace." We go forth to do the act of penance he has given us.***

Lead your child in reflective prayer using the **A Moment with Jesus** feature on page 98.

Page 99 Steps for Celebrating the Sacrament of Reconciliation

Take turns with your child reading aloud page 99. Say: ***Jesus' forgiveness brings us peace. We become filled with God's love, and it grows in our hearts every time we pass it on.***

Read aloud the directions for the activity **Penance Helps Us Grow as Disciples** and invite your child to write his or her prayer.

If you choose, scan the QR code on the page and watch the video together.

Page 100 Chapter Review

Help your child complete the Chapter 13 Review on page 100. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**. Discuss the questions under **We Remember**. Call your child's attention to the **We Respond** section and pray the prayer together. Review the **Words to Know** in this chapter by locating the words and their definitions in the **Glossary**. Allow time for your child to complete the **Steps of Reconciliation** and **Your Turn** activities.

Page 101 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 101. Say: ***We can always count on Jesus. When we are truly sorry for the things we do wrong, he will be with us, strengthen us, and help us grow in faith.***

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Ask: ***What happens during Reconciliation after we pray the Act of Contrition?*** (The priest forgives us in Jesus' name. We go in peace. We do our penance.)

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. Say: ***After celebrating the Sacrament of Reconciliation, we feel at peace and are strengthened to be Jesus' disciples.*** [ANSWER: forgiveness and peace.]

Access additional Family Resources by scanning the QR code at the bottom of page 101.

Page 102 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 102. Say: ***Saint Nicholas was a kind and giving man. He always thought about others and how he could help them.*** Ask: ***What are some ways you can be helpful?***

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing to allow time for your child to reflect on each one.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote.

Say: ***Saying "I'm sorry" takes strength and courage. You are living how God wants you to live. You can pray to the Holy Spirit to ask for help.***

Chapter 21: We Receive the Bread of Life

Before You Begin

1. Decide how or whether you will experience the media for this unit and chapter using a web-enabled smartphone or tablet.
2. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and art supplies.
3. Familiarize yourself with the **Word to Know** for this chapter: holy.

Page 155 We Prepare to Receive Jesus

Say: *During the Mass, we prepare ourselves in many ways to receive Jesus, the Bread of Life, in Holy Communion.*

Take turns with your child reading aloud page 155. Say: *In the Lord's Prayer, we ask God to "give us our daily bread." This means the food that keeps us strong and healthy, the Bread of Life that helps us live as God's children. Also in the Lord's Prayer, we tell God our Father that we are willing to forgive one another so that we can be one family in love.*

Pray the Lamb of God prayer with your child.

Page 156 We Remember Jesus' Love

Read aloud page 156. Say: *The word unworthy means to feel not good enough, or to feel undeserving. In the prayer we pray before Holy Communion, we say we feel unworthy to have Jesus come to us because he is the Son of God. We cannot love Jesus more than he loves us. We tell Jesus we believe that when he comes to us, he will give us his life and his love.*

Invite your child to read the directions and complete the activity **We Ask Jesus to Heal Us**. Then go over the answers together.

If you choose, scan the QR code on the page and interact with the media together.

Page 157 Jesus Comes to Us in Holy Communion

Read aloud page 157. Remind your child that the word *Amen* means "Yes, I believe I am receiving Jesus."

Practice receiving the Eucharist with your child until he or she is comfortable with the process. Say: *Pray often to Jesus and tell him how happy you are to receive him in Holy Communion.*

Page 158 We Receive Jesus

Invite your child to read aloud page 158. Then lead him or her in prayer using the **A Moment with Jesus** feature.

Ask your child to read and complete the activity **Steps to the Eucharist**. Then go over the answers.

Page 159 We Thank Jesus for the Gift of Himself

Read aloud page 159. Call your child's attention to the **Word to Know** feature. Read aloud the definition for *holy*.

Have your child complete the activity **Prayer After Communion**.

Page 160 Chapter Review

Help your child complete the Chapter 21 Review on page 160. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Discuss the questions under **We Remember**. Review the **Word to Know** in this chapter by locating the word and the definition in the **Glossary**. Call your child's attention to the We Respond section and pray the prayer together.

Review the parts of the **Liturgy of the Eucharist** discussed in this chapter. Allow time for your child to complete the **Your Turn** activity.

Page 161 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 161. Say: ***When we receive Holy Communion, Jesus Christ is truly present within us. We become filled with his love and his Spirit.***

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: ***You can ask the Holy Spirit to help you prepare your heart before receiving Holy Communion.***

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**.

Have your child answer the question. Say: ***You can talk and listen to Jesus anytime.***

[ANSWER: pray]

Access additional Family Resources by scanning the QR code at the bottom of page 161.

Page 162 Families in Mission, continued**A CATHOLIC TO KNOW**

Read aloud **A Catholic to Know** on page 162. Say: *Saint Julie reminds us that there is always a way to share Jesus' love. We can ask Saint Julie to pray for us.*

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing to allow time for your child to reflect on each one.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote.