Unit 5: Jesus Leads Us to Happiness

Before You Begin

1. Read **A Letter Home,** found on page 174 of the Student Book. Decide how or whether you will experience the media for this unit and chapter using a web-enabled smartphone or tablet.
2. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, and writing supplies.
3. Reflect on the lesson's Faith Focus: Jesus teaches us to be satisfied with having what we need and sharing what we have. Jesus gave us the Beatitudes as a guide to true happiness in this life and the eternal life to come. In this lesson, children learn to be detached from material things and satisfied with what they have. The first beatitude encourages us to share with others and to trust in God for all our needs.

Page 173

Unit Opener

As you begin the lesson, help your child transition into this special time of faith formation. If it will help your child to center him- or herself, play calming instrumental music. Invite your child to take a deep breath in and out, as you do the same. Begin by praying the Sign of the Cross together. Invite your child to turn to page 173. Have him or her read aloud the unit title, **Jesus Leads Us to Happiness.** Say: ***In Unit 5, we will learn about the Beatitudes. When we live according to them, we can find peace within ourselves now and look forward to perfect happiness in the life to come.***

Direct your child's attention to the illustrations on the page. Have your child describe each one. (Top left: Jesus is holding the earth close to him. He is wearing a crown and holding a scepter. Top right: a girl in a wheelchair holds a rosary. She looks like she is enjoying nature. Bottom: people of all ages are gathering in a parish hall for a meal and fellowship.) Ask your child how each scene may be related to the happiness mentioned in the unit title. Listen to his or her ideas and offer your own.

Have your child read the Scripture verse at the bottom of the page, "Jesus said to him, 'I am the way and the truth and the life. No one comes to the Father except through me.'" (John 14:6)

If you choose, scan the QR code on the page and listen to the audio together.

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Page 175 Chapter 21: God's People Put Their Trust in Him

Look at the images on page 175 with your child and talk about what is happening in them. (Top: People are getting food from a food bank. Right: Jesus and Joseph are doing carpentry work. Joseph is barefoot.) Talk with your child about how these images could be related to the chapter title, **God's People Put Their Trust in Him.** (God's faithful know that they will have what they need because God will provide for them.)

Have your child read aloud the first two paragraphs. Ask: **Why was Jesus happy on earth?** (He loved God; he always did what pleased his Father.) Explain that Jesus was satisfied with what he had because he knew his Father loved him and would take care of him.

Read aloud the last paragraph. Say: ***Beatitude means "deep happiness or blessing."*** Direct your child's attention to the **Word to Know** box to review the definition of *Beatitudes.*

Page 176 Teachings from the Mount

Have your child read aloud the first two paragraphs. Then direct your child's attention to the **Word to Know** box to review the information about the *Sermon on the Mount.*

Say: ***Let's read the Beatitudes on page 176 together and think about the lesson in each.*** Read aloud the Beatitudes with your child, stopping after each one. Explain the meaning of each Beatitude.

- Tell your child that people are poor in spirit when they are satisfied with what they have, are grateful for it, and share it with others.
- They who mourn are people who suffer. God will comfort them.
- The meek are unselfish people who care more about others than themselves. They have self-control and can lead other people.
- To hunger and thirst for righteousness means to want with all our hearts to do God's will.
- The merciful are people who forgive others and are kind. God and other people will forgive them and show them kindness.
- The clean of heart are people who love God because God is so good.
- Peacemakers are people who avoid quarrels and fights. They please others by doing what is right.
- To be persecuted for the sake of righteousness makes us like Jesus on the Cross. Others may make fun of you for doing what is right.

If you choose, scan the QR code on the page and experience the media together.

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Page 177 Depending upon God

Have your child read aloud the first column of text. Say: ***We are called to put aside our desire for earthly things and seek the love of God the Father above all else.*** Take turns reading aloud the text in the second column. Check for understanding to be certain your child understands the meaning of "poor in spirit."

Read aloud the directions for the **Putting It into Action** activity. Have your child complete it. As he or she works, write your ideas on a separate sheet of paper. Share your answers with one another when you are both finished.

Pages 178–179 Saint Francis: Choosing to Be Humble

Explain to your child that you are going to read about a saint who knew how to be poor in spirit. This saint knew that all the money in the world couldn't make him happy, so he gave up his money for heavenly riches.

Take turns reading aloud about Saint Francis on page 178. Ask: ***How did Francis feel when he put on the poor man's ragged clothes?*** (happy) ***Why?*** (He was more like Jesus.)

Lead your child in quiet reflection using the **A Moment with Jesus** feature on page 178. Invite your child to sit quietly and spend time with Jesus, close his or her eyes, and think about how God is pleased with those who are poor in spirit. Read aloud the text, pausing after questions to give your child time to reflect and pray.

Have your child read aloud the first two paragraphs of **We Are Grateful** on page 179. Then take turns reading aloud each verse of the adaptation of Canticle of the Sun. Pause occasionally to share your thoughts and encourage your child to make comments or observations.

Read aloud the directions for the **Give Praise for God's Great Gifts** activity and give your child ample time to complete it.

Page 180 Chapter Review

Use the **Jesus' Promises** activity to review his promises to those who live according to the Beatitudes. [ANSWERS: eight, kingdom, forever, happiness]

Revisit the **Words to Know** in this chapter by locating the words and their definitions in the **Glossary.**

Have your child read the **We Remember** statement and together say aloud the **We Respond.**

If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review.**

Have your child read aloud the directions for the **Your Turn** activity. If you wish, think about your own blessings and how you can use one to be a blessing to someone else. Write your thoughts on a separate sheet of paper. Share your ideas with one another when you are both finished.

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Page 181 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the blue sidebar. Say: ***Jesus tells us to share the gifts we have been given so we can help others who are in need.***

KNOW AND PROCLAIM

Have your child read aloud the sentence above the chart. Have your child read aloud the first bullet under **We Know Our Faith,** and then you read aloud the corresponding bullet under **We Proclaim Our Faith.** Repeat this for the remaining points. Say: ***We must do more than talk about God's love. We show what we believe by the way we behave.***

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question in **Test Your Catholic Knowledge.** Have your child read the answer choices and choose the correct answer. [ANSWER: wishes for us to depend only upon God and share our gifts with others.] Say: ***God reminds us that we must always be willing to share what we have with those in need.***

Access additional Family Resources by scanning the QR code at the bottom of the page.

Page 182 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on the page. Say: ***Rose lived the message of the Beatitudes by using her gifts and talents to serve others.***

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then have your child read aloud the faith statements in **My Way to Faith,** pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and complete the activity together. Invite family members to join you in praying a prayer of gratitude.

Conclude by praying, "Heavenly Father, thank you for providing all we need. Help us be content with what we have and share our gifts with others. Amen."

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Page 183

Chapter 22: God's People Act with Compassion and Humility

Before You Begin

1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, and writing supplies.
2. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.
3. Reflect on the lesson's Faith Focus: Jesus teaches us to comfort those who suffer and live gently and humbly. We all have trouble and sorrow in our lives. By imitating Jesus, who is gentle and humble of heart, children learn to meet the challenging situations of life with patience and to comfort others who are suffering.

Always by Our Side

As you begin the lesson, help your child transition into this special time of faith formation. If it will help your child to center him- or herself, play calming instrumental music. Invite your child to take a deep breath in and out, as you do the same. Then pray, "Lord, help us learn to be more like Jesus every day."

Take turns reading aloud page 183. Say: ***Jesus teaches us that God will bring good from suffering.*** Reiterate that even though Jesus and Mary both suffered, they did so with patience and courage because they trusted that God would turn their sorrows to joy. You may wish to take this time to reassure your child that sorrow is present in everyone's life and hope in the midst of it gives us strength. Say: ***Jesus is always with us, and our suffering makes us like him. When we let Jesus comfort us in times of sorrow, we can be at peace and filled with hope for healing.***

Page 184

Jesus Shows Compassion

Have your child look at the image on page 184. Say: ***Look at the illustration of Jesus preaching to the people of Jerusalem. He comforted them, and he wants people to do the same for others.*** Have your child read aloud **Jesus Shows Compassion.** Reiterate that Jesus felt the people's suffering, so he prayed for them and gave them comfort. Say: ***This is what God's faithful do for those who suffer. They pray and offer sacrifices.*** Explain that we must offer our suffering to God as Jesus and Mary did, and we must try to help others who are suffering.

Have your child read silently **Simple Ways to Comfort Others.** Use this section as a springboard for discussion about ways to comfort others. Share comforting gestures people have shown you or that you have shown others. Empower your child to know he or she is capable of comforting others with small gestures that show compassion, such as listening, sharing time, or making a card.

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Lead your child in quiet reflection using the **A Moment with Jesus** feature on page 184. Invite your child to sit quietly and spend time with Jesus, close his or her eyes, and think about how Jesus is always there for us if we seek him. Read aloud the text, pausing when appropriate to give your child time to reflect and pray.

Page 185 Christlike Compassion

Read aloud for your child the first paragraph. Direct his or her attention to the **Word to Know** box to review the information about the *Stations of the Cross.*

Have your child read aloud the Sixth Station. Say: ***Veronica showed compassion for Jesus by using her veil to wipe his face.*** Explain that even though we cannot take away another person's pain, we can do things that show we care. This reflects God's love and brings hope and comfort.

Have your child read aloud the Eighth Station and Thirteenth Station. Say: ***Let us remember to look for ways to comfort people who are suffering. We can offer kindness, prayers, and sacrifices.***

Read aloud for your child the last paragraph. Say: ***When you find it difficult to accept sorrows, you can pray. Like Jesus, say, "Father, your will be done!"***

Encourage your child to pray for others. Point out that during the Prayer of the Faithful, we pray prayers of intercession for those who are suffering. Guide your child to formulate some prayers of intercession. You might find it helpful to use the form "For _____ that _____, let us pray to the Lord."

Pages 186–187 To Be Meek Is to Be Humble and Gentle

Read aloud the top of page 186. Say: ***Those who are described as meek or humble make good leaders because people appreciate kind and gentle words and actions.*** Explain that people who show restraint are strong, and they will be rewarded for their humility in heaven.

Have your child read aloud **Francis de Sales Was a Gentle Giant.** Say: ***Francis had to master his temper, so he asked Jesus for help when he felt his temper begin to rise.*** Reiterate that Francis de Sales became known for his gentle manner, and he showed people that kind words and actions make people want to be near you. Unkind words and actions drive people away. Talk with your child about the difficulties of changing bad habits, such as a quick temper, and how it requires time and perseverance. Say: ***When we want to be more Christlike, we must lean into our faith and ask Jesus for help.***

Have your child read aloud **Learning to Be Gentle** on page 187. Then read the **God's Word** feature together. Ask your child to think about people in his or her life that he or she would describe as meek or humble. Say: ***Those who work hard but quietly and with joy are walking with God.***

If you choose, scan the QR code on the page and watch the video together.

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Have your child read the directions for the ***What Does Meekness Look Like?*** activity and complete it. Check the answers together. [ANSWERS: 1. quiet, 2. patient, 3. forgive, 4. serve, 5. praise, 6. pray]

Page 188 Chapter Review

Lead your child through the **We Remember** section. You ask the questions. Have your child answer by reading aloud the responses. Encourage your child to comment or ask questions.

Come back to **We Respond** to close the lesson.

Review the **Word to Know** in this chapter by asking your child what he or she remembers about the Stations of the Cross. If necessary, reread the **Glossary** entry.

If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review.**

Explain the directions for the **Your Turn** activity and complete it on a separate sheet of paper as your child works in the Student Book. Pray your intercessions silently when you are both finished.

Page 189 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the blue sidebar. Say: ***God does not leave us alone. He loves and cares for us even in difficult times.***

KNOW AND PROCLAIM

Have your child read aloud the sentence above the chart. Then read aloud the first bullet under **We Know Our Faith,** and have your child read aloud the corresponding bullet under **We Proclaim Our Faith.** Repeat this for the remaining points. Say: ***Our acts of kindness are a visible sign of Jesus' love. We act in his name when we care for others in need.***

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question in **Test Your Catholic Knowledge.** Have your child read the answer choices and choose the correct answer. [ANSWER: Blessed are those who mourn, for they will be comforted.] Say: ***Let's review the Stations of the Cross on page 244 to help us understand the answer.***

Access additional Family Resources by scanning the QR code at the bottom of the page.

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Page 190 Families in Mission, continued

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know.** Say: ***A witness is focused on someone or something other than him- or herself. As a witness for Jesus, Saint Thomas Aquinas rejected a life of status in favor of poverty, Christian charity, and study.***

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then take turns with your child reading aloud each faith statement in **My Way to Faith,** pausing after each for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and complete the activity together.

Use the **We Respond** prayer on page 188 to bring the lesson to a close.

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Page 191

Chapter 23: God's People Long to Be Clean of Heart and Holy

Before You Begin

1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, glass cleaner, and a clean rag.
2. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.
3. Reflect on the lesson's Faith Focus: Jesus teaches us to be clean of heart and to hunger and thirst for holiness. Those who are clean of heart can see evidence of God everywhere. They see all things and people with the eyes of Jesus.

The Clean of Heart Will See God

As you begin the lesson, help your child transition into this special time of faith formation. If it will help your child to center him- or herself, play calming instrumental music for a minute. Invite your child to take a deep breath in and out, as you do the same. Then pray the Sign of the Cross together.

Have your child make fingerprint smudges on a window. Point out that the sunlight cannot shine through in all its brilliance because of the smudges. Have your child use the glass cleaner and rag to wipe the window clean. Say: ***The cleaner—or purer—the window is, the brighter the sunlight shines through.*** Make the connection for your child that when our hearts are free from the smudges of selfishness and we want only what God wants, we are pure of heart.

Have your child read aloud the title and the first column of text on page 191. Say: ***Jesus saw his Father's love in the beautiful world, in people, and even in the things that cause suffering.***

Say: ***Next to Jesus, Mary was the purest person who ever lived.*** Have your child read aloud the last paragraph on the page. Say: ***It is good to ask for Mary's help to be pure of heart.*** Remind your child that we can ask for Mary's intercession by praying the Hail Mary and the Rosary. Tell your child that some people ask for Mary's help by praying the Hail Mary three times a day.

Direct your child's attention to the **Word to Know** box to review the definition of *Immaculate Conception.*

Page 192

Saint Aloysius Was Clean of Heart

Discuss the illustration on page 192. Say: ***The boy in the picture is Aloysius Gonzaga. He looks like he is going on a trip.***

Have your child read the page silently.

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Ask your child to tell you some of the things Aloysius did that showed he was clean of heart. (Aloysius loved to pray; he honored Mary; he gave up his beautiful home and money; he studied to become a priest; he cared for people afflicted with a terrible disease, which he died from at a young age.) Say: ***Aloysius showed he had a pure heart by becoming a priest. His love for Jesus was so pure that he didn't care about money. He cared only about loving Jesus and helping others love him.***

Page 193 To See as God Does

Have your child read aloud the first paragraph. Help him or her understand that love makes us pure of heart. Remind your child that Aloysius showed love for others by caring for sick people. Say: ***When we are pure of heart, we will see God in ourselves, in others, and in the world, even during times of sorrow or suffering.***

Read aloud the second paragraph, the advice from Saint Paul, and the last paragraph. Work with your child to think of actions and behaviors that Saint Paul is encouraging with his advice. For example, think of actions, behaviors, or attitudes that are just and honorable. Think of actions, behaviors, or attitudes that are lovely and gracious. Lastly, think of actions, behaviors, or attitudes that are worthy of praise. Remind your child that these things lead us to be clean of heart, so we should try every day to live in these ways.

Lead your child in a prayerful reflection using the **A Moment with Jesus** feature, inviting your child to sit quietly and spend time with Jesus. Read the text slowly and respectfully, pausing as needed for your child to think about each part.

Read aloud the directions under **Examination of Consience.** Allow your child time to retreat alone to a quiet place if you think it will help him or her to be more introspective. When your child is finished, remind him or her that we can strive to be clean of heart by receiving Jesus frequently in Holy Communion, by asking Mary and the saints (especially Saint Aloysius) to pray for us, and by performing acts of selflessness.

Pages 194–195 Our Longing to Be Holy

Point out the image of Jesus and the Apostles on the page. Note for your child how Jesus has their complete attention. Say: ***Jesus teaches that God alone can satisfy our hungering spirits.***

Have your child read aloud the first paragraph, the beatitude, and the explanation in purple text. Say: ***Jesus tells us to hunger and thirst for righteousness.*** Explain that this means "holiness." Reiterate for your child that those who hunger and thirst to be holy will be satisfied.

Read aloud for your child the next paragraph. Say: ***God made us in his image to share in his life and holiness.*** Point out the **Word to Know** feature at the bottom of the page and review the definition of *righteousness.*

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Finish reading aloud the page to your child. Enlist your child's help in naming ways Jesus showed love for his Father. (by obeying his mother, Mary, and his foster father, Joseph; by praying to him; by teaching people about him) Say: ***Jesus always pleased his Father. When we hunger and thirst to be holy, we will please God, too.***

Have your child read silently **Mary Desired to Be Holy** on page 195. Say: ***Mary became Jesus' mother because her greatest desire was to do God's will.***

Have your child read **Thérèse Desired to Be Holy.** Afterward, reiterate for your child that Thérèse was not afraid to suffer for Christ because she loved him so much. Tell your child that he or she, too, can be an apostle of prayer by offering all efforts in love to God so more people will come to know and love him.

Have your child complete the **Working for Holiness** activity. [ANSWERS: Word, hunger, will, thirsty, love]

If you choose, scan the QR code on the page and watch the video together.

Page 196 Chapter Review

Lead your child through **We Remember.** You ask the questions from the section and have your child read the responses. Encourage your child to comment or ask questions.

Say aloud the **We Respond** together.

Review the **Words to Know** in this chapter by locating the words and their definitions in the **Glossary.**

If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review.**

Complete the **Your Turn** activity with your child.

Page 197 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the blue sidebar. Say: ***We desire to be with God, even though we have not seen him. We have faith and feel his presence in our lives.***

KNOW AND PROCLAIM

Have your child read aloud the sentence above the chart. Then read aloud the first bullet under **We Know Our Faith,** and have your child read aloud the corresponding bullet under **We Proclaim Our Faith.** Repeat this for the remaining points. Say: ***We follow Mary's example in living a holy life. We can always ask for her guidance and help.***

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TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question in **Test Your Catholic Knowledge.** Have your child read the answer choices and choose the correct answer. [ANSWER: Blessed are the clean of heart.] Say: ***When we put our hearts into knowing God, our faith grows.***

Access additional Family Resources by scanning the QR code at the bottom of the page.

Page 198 Families in Mission, continued

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know.** Say: ***Saint Julie suffered many hardships in her life, but she never stopped putting God first or teaching others about God's love.***

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then take turns with your child reading aloud each faith statement in **My Way to Faith,** pausing after each for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith.** Include as many family members as possible in the activity.

Conclude the lesson by turning back to page 193 and rereading aloud together Philippians 4:8. Then pray, "Heavenly Father, Thank you for your faithful love. Help us as we learn to be clean of heart so we may see you all around us. Amen."

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Page 199

Chapter 24: God's People Bring Mercy and Peace to Others

Before You Begin

1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, and writing supplies.
2. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.
3. Reflect on the lesson's Faith Focus: Jesus tells us to show mercy and work for peace. Our love must embrace all of God's people. Children learn that being merciful means to express love and compassion for others. Children are inspired by Jesus' word and example to become peacemakers who try to bring his peace into their lives, their homes, and the world.

Jesus Acts with the Father's Mercy

As you begin the lesson, help your child transition into this special time of faith formation. If it will help your child to center him- or herself, play calming instrumental music. Invite your child to take a deep breath in and out, as you do the same. Pray aloud for your child, "Lord, help us learn to show mercy to others and bring them peace."

Say: ***The beatitude we will learn about today has to do with mercy, which means forgiving others and doing good things for those who are sad.*** Remind your child that we are all sinners in need of God's mercy. Have your child think of a time when he or she needed mercy—perhaps forgiveness from a friend or understanding from a teacher. Say: ***Mercy brings a feeling of peace not just to the forgiven but also to the one showing forgiveness.***

Have your child read aloud the first column on page 199. Explain that Jesus always did good things, but some people hated him anyway. They did not understand his relationship with the Father and had him put to death. Jesus excused their hate and forgave their cruelty. Say: ***By forgiving, Jesus taught us what it means to be merciful.***

Have your child read silently the rest of the page to find out more about what it means to be a merciful person. Ask: ***What did Jesus tell us to do?*** (love our enemies, do good to those who hate us and pray for them, give to those in need, forgive)

If you choose, scan the QR code at the top of the page and watch the video together.

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Page 200 Mother Cabrini Was Merciful

Tell your child that Saint Frances showed merciful love for others. Sometimes she is called Mother Cabrini because she started a religious community of sisters who helped the poor.

Have your child read aloud **Mother Cabrini Was Merciful.** Ask your child to name some things Mother Cabrini and the sisters did to help the Italian immigrants. (They begged for food and clothing; they started hospitals, schools, and homes for children.) Say: ***Many people from the United States are especially proud of Frances Cabrini because she was the first U.S. citizen to become a saint.***

Have your child read aloud **We Are Called to Be Merciful.** Point out the **Words to Know** feature and review the definitions of *corporal works of mercy* and *spiritual works of mercy* with your child. You can find the corporal and spiritual works of mercy listed in the Student Book on page 253.

Tell your child that in Matthew's Gospel, Jesus tells us that whatever good we do for another person, we are doing for him. "Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me." (Matthew 25:40)

Page 201 God's Children Are Peacemakers

Have your child read aloud the first paragraph. Call your child's attention to the **Word to Know** feature and discuss the definition of *peace*.

Have your child read silently the beatitude and its explanation. When he or she is finished, say: ***"Peace be with you" were the first words Jesus spoke to his Apostles after he rose from the dead. Jesus had forgiven them for leaving him when he was arrested and let them know that everything was all right.*** Ask: ***When do you offer others a Sign of Peace?*** (during Mass)

Pages 202–203 Saint John Paul II Was a Missionary of Peace

Take turns reading aloud about Saint John Paul II. Review the passage with your child and name some remarkable things about Saint John Paul II. (He risked his life to study to become a priest; he brought about change in governments to help meet people's basic human rights; he visited and forgave a man who had tried to kill him.)

Say: ***Saint John Paul II shows us that peace is not passive. It is an active force for change.***

Have your child read and complete the **Doing Things to Make Peace** activity on page 203. Talk with your child about each situation and the feelings of anger or frustration one must overcome to do what is right and bring about peace.

Lead your child in reflection and prayer using the **A Moment with Jesus** feature. Invite your child to sit quietly and spend time with Jesus, close his or her eyes, and think about what it means to be a peacemaker. Read aloud the text, pausing when appropriate to give your child time to reflect and pray.

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Page 204

Chapter Review

Explain that the **Prayer for Peace** is said to have been written by Saint Francis of Assisi. Read it aloud for your child, pausing after each line so your child can make the prayer his or her own by praying it silently after you.

Lead your child through the **We Remember** section. You ask the questions. Have your child answer by reading aloud the responses. Encourage your child to comment or ask questions.

Come back to **We Respond** to close the lesson.

Review the **Words to Know** in this chapter by asking your child what they mean. If necessary, reread the definitions in the **Glossary.**

If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review.**

Discuss the **Your Turn** activity and help your child complete it.

Page 205

Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the blue sidebar. Say: ***We can show mercy by forgiving others, being kind, and helping those in need.***

KNOW AND PROCLAIM

Have your child read aloud the sentence above the chart. Then read aloud the first bullet under **We Know Our Faith,** and have your child read aloud the corresponding bullet under **We Proclaim Our Faith.** Repeat this for the remaining points. Say: ***Jesus' example shows us that we are meant to always show kindness and forgiveness to others.***

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question in **Test Your Catholic Knowledge.** Have your child read the answer choices and choose the correct answer. [ANSWER: spiritual works of mercy.] Remind your child that spiritual works attend to people's needs that are not material.

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Page 206 Families in Mission, continued

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know.** Say: ***Saint Polycarp reminds us that we must be fearless in our effort to tell others about Jesus.***

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then take turns with your child reading aloud each faith statement in **My Way to Faith,** pausing after each for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith.** Include as many family members as possible to complete the activity.

Use the **We Respond** prayer on page 204 to bring the lesson to a close.

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Page 207

Chapter 25: God's People Are Blessed

Before You Begin

1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, a crucifix, writing supplies, your child's **Walking with Jesus** Scripture Prayer Booklet, two songs about the happiness of following Jesus, a vase, and eight flowers (real or artificial) for the prayer celebration.
2. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.
3. Reflect on the lesson's Faith Focus: Jesus teaches us to do the Father's will no matter how difficult. Children are encouraged to trust in God's grace for the strength to bear suffering with love, keeping in mind the example of the martyrs and the happiness promised by Jesus. Children review the Beatitudes and hold a celebration that will motivate them to live the Beatitudes.

Jesus Shows Us the Way

As you begin the lesson, help your child transition into this special time of faith formation. If it will help your child to center him- or herself, play calm instrumental music for a minute. Invite your child to take a deep breath in and out, as you do the same.

Show your child a crucifix. Say: ***The crucifix reminds us of Jesus' suffering and his great love for us.*** Explain that Jesus suffered on the Cross, but he also suffered daily when people ridiculed him. Many people did not believe his words or his miracles.

Have your child read aloud the first column of text in **Jesus Shows Us the Way.** Talk with your child about how we all have suffering and sometimes it is hard to bear. Remind your child that this suffering and how we handle it unites us with Jesus or separates us from Jesus. Say: ***Jesus knows our pain, and he helps us bear our suffering patiently when we follow his example and pray for God's will to be done.***

Read aloud the last paragraph on the page as your child listens. Say: ***Like Jesus, Mary suffered.*** Explain that as Christians we should be willing to suffer for the name of Jesus. We must try to be brave like Jesus, Mary, and the saints.

If you choose, scan the QR code at the top of the page and listen to the audio together.

Page 208

Saint Joan of Arc Was God's Soldier

Take turns reading aloud about Saint Joan of Arc. Talk with your child about ways she suffered for her love of Jesus. (She fought in a war; she was called "witch" and other names; she was captured and put into prison; she was treated unfairly; she was put to death.) Say: ***The life of Joan of Arc perfectly demonstrates the beatitude "Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven."***

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Have your child read aloud the **God's Word** feature and then silently reflect on it. After you pause, explain that sometimes we are tempted to do wrong, and we must fight that temptation. Say: ***We can overcome temptation by increasing our faith.*** Tell your child we can do this by praying, receiving the sacraments, and resisting the tendency to be overwhelmed by anger or sadness.

Page 209 Saints Are Examples of Heroic Virtue

Read aloud the first paragraph. Say: ***The saints showed their faithfulness by living lives marked with heroic virtue.***

Read the directions for the **Virtues Yesterday and Today** activity. Offer support as needed as your child completes the chart. Discuss his or her responses.

If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review** before beginning the unit review.

Page 210 Unit 5 Review

Have your child solve **A Happy Heart** crossword puzzle and check his or her answers. [ANSWERS: Across—4. peace, 6. merciful, 8. happy, 11. right, 12. children; Down—1. suffer, 2. holy, 3. meek, 5. clean, 6. Mary, 7. comfort, 9. poor, 10. Arc]

Pages 211–213 We Are Glad in the Lord

Tell your child that together you are going to prepare for a celebration of the Beatitudes. With your child, select two songs for the celebration. Place a vase in a prominent place where you will hold the celebration. Note that after each petition is read, your child will place a flower in the vase.

Determine which parts you and your child will read aloud during the celebration. Have other family members participate if possible.

Follow the order of celebration, pausing before and after each reading and prayer.

Page 214 Unit 5 Review

LOOKING BACK AT UNIT 5

Have your child read aloud **Looking Back at Unit 5** and complete the activities. Then have your child read and respond to pages 10 and 11 of the **Walking with Jesus** Scripture Prayer Booklet.

Have your child complete the **Living the Message** activity. Discuss their answers and what your child can begin doing.

Read aloud the directions for the **Planning Ahead** activity. Allow your child ample time to complete the activity and discuss his or her responses.

If you choose, scan the QR code on the page and have your child play the **Stump the Shepherd** unit review game.

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Page 215 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the blue sidebar. Say: ***We show we are joyful when we smile, laugh, and share with others the things that bring us joy.***

KNOW AND PROCLAIM

Have your child read aloud the sentence above the chart. Then read aloud the first bullet under **We Know Our Faith,** and have your child read aloud the corresponding bullet under **We Proclaim Our Faith.** Repeat this for the remaining points. Ask: ***Which saint stands out the most in your memory and why?*** Discuss your child's ideas and share your own ideas as well.

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question in **Test Your Catholic Knowledge.** Have your child read the answer choices and choose the correct answer. [ANSWER: being rejected by the world for following Jesus' teachings.] Say: ***Sometimes it is hard to do the right thing if it will bring us criticism, but we must have courage and faith when we feel weak or fearful.***

Access additional Family Resources by scanning the QR code at the bottom of the page.

Page 216 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know.** Say: ***Saint Ignatius dreamed of being a soldier. He wanted glory and fame; instead, he became a witness for Christ. His life reminds us that we are only truly fulfilled when we follow God's plan.***

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then take turns with your child reading aloud each faith statement in **My Way to Faith,** pausing after each for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and complete the activity as a family.

Conclude the lesson by praying together the Prayer to the Holy Spirit. The prayer can be found on the inside front cover of the Student Book.

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