Overview

The At-Home Edition of ***Christ Our Life*** provides you with the opportunity to work with your child, using the Student Book, to grow together in faith. Whether you are doing home catechesis or seeking to be more deeply involved in your child's faith formation, these pages will give you the support you need.

Prepare

Designate a quiet learning space free from distractions where the lessons will take place. Before presenting the Student Book to your child, leaf through it. Pay particular attention to the following features:

- Traditional Catholic prayers found on the inside front and back covers
- Table of Contents
- **Families in Mission** pages that appear at the end of each core chapter
- **Special Seasons and Lessons** section
- **What Catholics Should Know** section
- **Glossary**
- **Pullout** pages

Pray that you and your child may recognize the presence of Christ in your lives today and every day.

Unit 1: Jesus Christ the Way

Before You Begin

Read **A Letter Home,** found on page 2 of the Student Book. Decide how or whether you will experience the media for this unit and chapter using a web-enabled smartphone or tablet.

1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, and writing supplies.
2. Present the *Christ Our Life* Student Book to your child.
3. Explain in your own words that this book is a way we can learn more about God and our Catholic faith.
4. Familiarize yourself with the **Words to Know** for this chapter: *eternal life* and *Incarnation*.

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Page 1

Unit Opener

To highlight the special nature and purpose of the Student Book, call your child by name and present the book to him or her as you would a present. Say: ***Because this is such a special book, you will want to receive it and hold it reverently and with respect.*** Invite your child to demonstrate how to treat something with reverence.

Then look through the book together. Say: ***In Unit 1, we will learn more about who Jesus is and how he is the way to the Father. We will also learn what it means for us to follow him.*** Invite your child to turn to page 1. Read aloud the unit title, **Jesus Christ the Way.** Have your child read aloud the Scripture passage at the bottom of the page. Discuss with your child what Jesus is telling us in these words.

Discuss the pictures on the page. Point out that the fish symbol is an ancient symbol Christians have used throughout the centuries to identify one another. Remind your child that we encounter Jesus in his body, the Church, and in the Eucharist. Read Isaiah 9:5 from a Bible. The prophet Isaiah used these titles to describe the Messiah. Discuss other titles you use for Jesus.

If you choose, scan the QR code on the page and listen to the audio together.

Page 3

Chapter 1: Jesus, the Son of God

Point out the picture at the top of the page. Ask: ***What images of nature do you see?*** (sunset, grass, water, hills) Ask: ***What is the person in the picture doing?*** (praying) Discuss places where you like to pray, places where you feel close to God.

Who Are You?

Invite your child to read page 3. Discuss with your child how we all reflect the image and likeness of God. Emphasize that God creates us for relationship. We are created to share in his truth, beauty, and goodness. The decisions we make and the things we do ought to reflect who we are—God's beloved children.

Have your child complete **The Goodness of Creation** activity. Say: ***Creation is good because it reflects the goodness of the Creator. God created everything out of his goodness, and everything reflects God's goodness.*** Invite your child to share examples of God's goodness.

Page 4

Who You Are Called to Be

Have your child read the section **Who You Are Called to Be** on page 4. Ask your child to name the six ways they are growing: mentally, physically, spiritually, emotionally, socially, and culturally. Ask: ***Where do you notice yourself growing?*** Examples might include learning new things in school (mental growth); getting taller (physical growth); learning new ways to pray (spiritual growth); understanding feelings (emotional growth); respecting others (social growth); developing new interests and hobbies (cultural growth).

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Page 4 We Are Jesus' Disciples

Explain that disciples are people who choose to follow Jesus and that we are all disciples, but we often follow Jesus in unique ways. Discuss with your child the examples of Saints Thérèse, Lucy, and Maria Goretti. Ask: ***What do their examples of discipleship tell us about following Jesus?*** (Discipleship is a total commitment of one's life to Christ.)

Read aloud Luke 6:40 from the **God's Word** feature. Ask your child to reflect on why he or she follows Jesus. Say: ***Learning about the faith is one way you are being trained in discipleship. What are some other ways?*** (prayer, service, going to church) Share with your child what you have learned about being a disciple. Remind him or her that learning to be a disciple is a lifelong process. Say: ***We are never finished in our training as disciples.***

Page 5 Who Is Jesus?

Have your child read the first paragraph on page 5. Ask: ***Why do Christians use the sign of a fish to identify one another?*** (Each letter of the Greek word for fish begins a word in the phrase "Jesus Christ, Son of God, Savior.") Ask your child to agree or disagree with this statement: "It is difficult to be a Christian today." Ask your child to explain his or her reasoning. Ask: ***Where do you find support to live out your Christian faith?*** (church, family, friends) Share with your child the places where you find support to live out your faith.

Have your child read the section **The Christ** on page 5. Remind your child that Christ is not Jesus' last name but a title.

Have your child read the **Son of God** on page 5. Say: ***The Trinity is our belief that there are three Persons in one God—Father, Son, and Holy Spirit.*** Review the Sign of the Cross and explain that this is a prayer to the Trinity. Ask: ***Why did God send us his only Son?*** (to give us the promise of eternal life)

Read aloud the definition of *eternal life* from the **Words to Know** box on page 5. Ask: ***How do you show your friendship toward God?*** (I pray; I go to church; I help others.) Read aloud the definition of *Incarnation* from the **Words to Know** box on page 5. Ask: ***Why is the Incarnation important to us?*** (Jesus, the Son of God, became one of us to save us.)

Have your child read the section **Savior** on page 5. Ask: ***What great mystery do we proclaim and celebrate at every Eucharist?*** (the Paschal Mystery) Discuss with your child the meaning of the Paschal Mystery. Say: ***Jesus saved us by conquering sin and death through the Cross.*** Ask your child to explain what this means in his or her own words. Share with your child how this saving sacrifice influences you.

If you choose, scan the QR code on the page and watch the video together.

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Page 6 Who Is Jesus for You?

Explain that we receive our identity as beloved children of God through our Baptism. Read aloud Colossians 1:15. Say: ***Jesus can lead us to the Father because he is the Son of God. He is the image of the invisible God. Through him, he makes God known to us.*** Have your child complete the activity **Knowing Jesus** on page 6.

Read aloud the quotes from **In the Words of the Saints** on page 6. Ask your child to choose one of the quotes and what it tells him or her about who Jesus is. Lead your child in prayer using the **A Moment with Jesus** feature on page 6. Pray the Sign of the Cross to conclude the prayer.

Pages 7–8 Chapter Review

Help your child complete the Chapter 1 Review on page 7. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review.**

Review the questions and answers in the **We Remember** section. Decide if any information needs further review. Say: ***Look at the We Respond section. Let's pray this together: "Lord Jesus, Christ, Son of the living God, have mercy on me, a sinner."*** Have your child repeat the prayer quietly.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 8.

Page 9 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 9. Say: ***God speaks to us through the Gospels and in the sacraments. First, we receive God's message. Then we go out and share it with the world.***

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: ***We believe that Jesus, the Son of God assumed a human nature without ever losing his divine nature. He perfectly expresses what it means for us to love God the Father and one another.***

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge.** Have your child answer the question. (ANSWER: Father, Son, and Holy Spirit.) Say: ***Jesus is always inviting us to know God the Father better.***

Access additional Family Resources by scanning the QR code at the bottom of page 9.

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Page 10 Families in Mission, continued

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 10. Explain that the saints are role models who show us how to do our best in following Jesus. Say: ***Saint Lucy reminds us that discipleship requires courage. She lived a life of courage and inspires other to do the same.***

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith,** pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Ask: ***What would you like to know about Jesus? How might you get to know him better?*** Say: ***Jesus is always inviting us into a closer relationship with him.***

Together, read John 6:35 and reflect silently upon the reading to bring the chapter to a close.

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Page 27

Chapter 4: Jesus, the Nazarene

Before You Begin

1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, the **Map of the Holy Land in the Time of Jesus** from the back of the Student Book, writing supplies, and a reflection notebook.
2. This chapter sets the scene for the life of Jesus and gives young people an idea of his world. The information will make future lessons more meaningful.
3. Familiarize yourself with the **Words to Know** for this chapter: *Gentile* and *Pharisee*.
4. Decide how or whether you will experience the media for this chapter.

The Land Jesus Walked

Have your child look at the **Map of the Holy Land in the Time of Jesus** in the back of the Student Book. Say: ***When the Son of God became man, he chose to live in this region.*** If your child is well-informed about current events, you might want to discuss recent events in the region. Have your child read page 27. Ask your child to share one or two items of interest from this section.

Page 28

The Political Scene

Have your child read the two paragraphs of this section. Say: ***The State of Israel, Gaza, and the West Bank were part of a province of the Roman Empire called Palestine. Jewish kings like Herod Antipas answered to the Roman emperor.***

Read aloud the definition of the word *Gentiles* from the **Words to Know** box on page 28. Ask: ***Why would it have been a scandal for Jesus to associate with Gentiles?*** (The Gentiles were non-Jews, and Jews were not allowed to mix with non-Jews.) Ask: ***What message did Jesus' behavior send when he associated with Gentiles?*** (God's love is for all people.)

Some Religious Groups

Have your child read this section. Have your child read the definition of *Pharisees* from the **Words to Know** box on page 28 and ask him or her to define a Pharisee in his or her own words. Say: ***While the Gospels often show many of the Pharisees opposing Jesus, they were sincerely seeking holiness. They loved God and their faith.***

If you choose, scan the QR code on the page and experience the interactive together.

Page 29

Jesus' Religion

Have your child read page 29. Discuss the religious practices of your family. Identify the celebrations, prayers, practices, and other observances that identify you as a Catholic family.

Allow time for your child to pray **A Moment with Jesus** on page 29. Your child can record his or her thoughts in a reflection notebook. After your child has finished the reflection, share with him or her ways you love God with all your heart, soul, and strength.

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Page 30 Daily Life in the Time of Jesus

After your child has read this section, ask him or her to compare and contrast his or her life with life in the time of Jesus.

Pages 31–32 Chapter Review

Help your child complete the Chapter 4 Review on page 31. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review.**

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to complete the silent meditation.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 32.

Page 33 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 33. Say: ***Jesus' life tells us the truth of God's love. He calls us to love God's law with grace and understanding.***

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: ***As Catholics, we respect the Jewish faith. All forms of anti-Semitism are contrary to the Catholic faith.***

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge.** Have your child answer the question. (ANSWER: the Pharisees) Say: ***Jesus taught that the spirit of love and worship was more important than the external observations of what the Law required. The Pharisees believed in the strict observance of the Law.***

Access additional Family Resources by scanning the QR code at the bottom of page 33.

Page 34 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 34. Explain the significance of Saint Mary Magdalene in the history our faith. Say: ***Without Saint Mary Magdalene, we may not have heard the Good News of Jesus' Resurrection. She bore witness to Jesus even when others were afraid.***

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WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith,** pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Ask: ***What impact can your faith have on the world?***

Together, read Deuteronomy 6:4–5 and reflect silently upon the reading to bring the chapter to a close.

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Chapter 6: Jesus the Christ

Before You Begin

5. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
6. For young people at this age, it is important to stress that temptation is not a sin.
7. Familiarize yourself with the **Words to Know** for this chapter: *temptation, venial sin, mortal sin, Original Sin.* Other key terms in this chapter include *Messiah.*
8. Decide how or whether you will experience the media for this unit and chapter.

The Role of the Messiah

Have your child read the first paragraph of this section. Then have him or her read **Priest, Prophet, and King** on page 43. Say: ***Through your Baptism, you were anointed to share in Christ's ministry of priest, prophet, and king. How can you exercise each of these roles?*** (Priest: I can pray for others; prophet: I can listen to God's Word and share it with others; king: I can help other people make good choices.)

Have your child finish reading the rest of the page. Ask: ***What kind of kingdom was Jesus trying to establish?*** (He was trying to bring about the reign of God in our hearts.) Say: ***In the Letter to the Romans, Saint Paul describes the Kingdom of God.*** Read Romans 14:17 from your Bible. Discuss with your child how he or she can serve Christ by being joyful, peaceful, and righteous.

Page 44 John's Testimony to Jesus

Have your child read this section. Ask: ***How was John the Baptist a witness to Christ?*** (He rejoiced in Christ's presence while still in his mother's womb; he preached repentance; he pointed out Jesus to others.) Say: ***We can follow the example of John the Baptist by rejoicing in Christ's presence in the Mass, by repenting of our sins, and by pointing out Jesus to others.*** Pray together a decade of the Rosary for the Visitation. Say: ***As we pray, think about how you can lead others to Jesus.***

Read aloud Matthew 3:1–3 from the **God's Word** feature on page 44. Ask: ***What was John's role in Jesus' ministry?*** (He was preparing people for Jesus' coming.)

Have your child complete the activity **John the Baptist Baptizes Jesus** on page 44. Invite your child to share a detail of Jesus' baptism and what it tells us about Jesus' mission.

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Page 45

Anointed for Mission

Have your child read the two paragraphs of this section. Ask: ***How was Jesus' baptism different from ours?*** (Jesus did not need to be cleansed of sin; Jesus was sinless.) Ask: ***What did God reveal at Jesus' baptism?*** (the Trinity) Ask: ***What did God the Father and God the Holy Spirit do at Jesus' Baptism?*** (God the Father revealed the Jesus is the Son of God. The Holy Spirit anointed Jesus for his work.)

The Messiah Is Tested

Have your child read the section and complete the activity **The Temptation of Jesus** on page 45. Ask: ***Why might the desert have been a scary place for the Hebrews and for Jesus?*** (The desert was a wild place; it was dangerous.) Ask: ***How did Jesus' experience in the desert prepare him for his mission?*** (He was strengthened in his faith and proved himself to be the Messiah by remaining faithful to his Father.) Say: ***Faith can help us face the challenges we encounter in life without giving in to temptation. Like Jesus, we must trust in God the Father.*** Offer your child some examples of times when you put your trust in God.

Have your child pray **A Moment to Jesus** and record his or her responses in a reflection notebook.

Page 46

Our Test

After your child finishes reading this section, invite him or her to define *temptation, venial sin, mortal sin,* and *Original Sin* in his or her own words. Compare your child's definitions to the definitions provided in the **Words to Know** feature box on page 46. Say: ***Accidents and mistakes are not sins. Neither are temptations. Sin is a choice to walk away from God.***

Resisting Temptation

Reinforce that no matter how many times we turn away from God, God is always eager to forgive us in the Sacrament of Penance and Reconciliation. Say: ***Mortal sin destroys the love of God in our hearts. The Sacrament of Penance and Reconciliation not only restores that love but also strengthens our desire not to sin again.***

Discuss how fasting, prayer, self-control, works of mercy, and the sacraments can help us resist temptation. Say: ***We are not left alone in our struggle against temptation. Through the Church, God gives us the strength to overcome temptation.*** Encourage your child to write in his or her reflection notebook a prayer to overcome a particular temptation that he or she might face.

If you choose, scan the QR code on the page and complete the interactive together.

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Pages 47–48 Chapter Review

Help your child complete the Chapter 6 Review on page 47. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review.**

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to record his or her thoughts in a reflection notebook.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 48.

Page 49 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 49. Say: ***The Holy Spirit works through the sacraments to give us the gifts of strength and courage to face our temptations.***

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: ***Jesus faced temptations, just as we do. Like Jesus we can turn to God the Father for the strength and grace to resist them.***

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge.** Have your child answer the question. (ANSWER: is a conscious choice to do wrong.) Say: ***Sin is an offense against God.***

Access additional Family Resources by scanning the QR code at the bottom of page 49.

Page 50 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 50. Explain that we can imitate the faith of the saints by respecting the life and dignity of human beings. Say: ***Saint Peter Claver treated each person as a child of God. His witness is a model for us to follow.***

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith,** pausing after each one for reflection.

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SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: ***Prayer, service, and study are ways to exercise our faith in God.***

Together, read Micah 6:8 and reflect silently upon the reading to bring the chapter to a close.

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Unit 3: Jesus Christ the Life

Before You Begin

Read **A Letter Home,** found on page 146 of the Student Book.

1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, and writing supplies.
2. In this unit, your child will demonstrate a greater appreciation of the life Jesus won for us by his Death and Resurrection.
3. Explain to your child how you express your personal call to holiness through acts of service and prayer.
4. Familiarize yourself with the **Words to Know** for this chapter: *concupiscence, sanctifying grace, actual grace, Theological Virtues,* and *Cardinal Virtues.*
5. Decide how or whether you will experience the media for this unit and chapter using a web-enabled smartphone or tablet.

Page 145

Unit Opener

Invite your child to turn to page 145. Read aloud the unit title, **Jesus Christ the Life.** Have your child read aloud the Scripture passage at the bottom of page 145. Discuss with your child what these words tell us about Jesus' mission.

Discuss the pictures on the page. Read, or have your child read, the following verses from a Bible: Matthew 19:14, Matthew 28:19, and 1 Corinthians 5:7. Ask: ***Which image applies to each of these passages?*** (1 Corinthians 5:7 matches the upper-left image of the paschal lamb; Matthew 19:14 matches the bottom picture; Matthew 28:19 matches the top-right picture of the shell.) Ask: ***What do these images tell us about Jesus?*** (He died to save us from sin and death; he gives us life in Baptism; he calls us to himself.)

If you choose, scan the QR code on the page and listen to the audio together.

Page 147

Chapter 18: Living Faith in Jesus

The Gift of Jesus

Ask: ***What does the word* spiritual *mean to you?*** (belief in God; faith; belief in something bigger than yourself) Have your child read the first paragraph on the page. Have your child share how he or she proclaims the Kingdom of God in words and deeds. Examples include praying and going to Mass, treating people with kindness, helping friends or siblings with homework or chores, and participating in service projects at school or church.

Have your child read the second paragraph on the page and compare his or her understanding of the word *spiritual* with the way the word is used in this paragraph.

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Read aloud the **God's Word** feature. Say: ***We have a spiritual nature. Our journey toward God is a spiritual journey.*** Have your child complete the activity **A Spiritual Inventory** on page 147. After completing the inventory, ask your child to summarize his or her spiritual journey, identifying areas of growth.

Page 148 Always with Us

Have your child read the paragraph at the top of the page. Say: ***Our spiritual life is a journey toward God. It is a journey that always begins with an invitation from Jesus.***

Have your child complete the activities **Jesus and Nicodemus** and **Jesus and the Woman at the Well** on page 148. Alternatively, you may want to lead your child in a prayerful reflection of John 3:1–21 or John 4:4–30. If you choose to do so, begin by praying the Sign of the Cross. Read the Scripture verse slowly, and then read **A Moment with Jesus** on page 148. Close the prayer by praying the Lord's Prayer or the Hail Mary together.

Page 149 The Free Gift of Grace

Have your child read the first paragraph in this section. Say: ***Why do we continue to sin after we have been baptized?*** (We suffer from a condition called concupiscence.) Read aloud the definition of *concupiscence* from the **Words to Know** feature on page 149.

Read aloud 2 Corinthians 9:8 from the **God's Word** feature on page 149. Ask: ***Why are we able to have confidence that we can resist the temptation to sin?*** (God is always inviting us to love him and do what is right; God gives us grace.)

Have your child read the second and third paragraphs of this section and describe the difference between sanctifying grace and actual grace in his or her own words. Read aloud the definitions of these terms from the **Words to Know** feature on page 149.

Have your child read the last two paragraphs of this section and complete the activity **Where Do You See God's Grace?** on page 149. You may want to complete this activity yourself and share your response with your child.

Page 150 Theological Virtues

With your child, write down as many virtues that you can think of. Keep this list to refer to later. Say: ***There are many virtues. The Church teaches that there are Theological Virtues and Cardinal Virtues.*** Have your child read the definitions of these terms from the **Words to Know** feature on page 150.

Have your child read about the Theological Virtues. Ask your child to describe these virtues in his or her own words and match which of the virtues you wrote down most closely matches one of the Theological Virtues. For example, if your child named "spiritual" as a virtue, it could be matched to the Theological Virtue of faith.

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Cardinal Virtues

Have your child read this section and give an example of each Cardinal Virtue. Then ask your child to match which of the virtues you wrote down most closely matches one of the Cardinal Virtues. For example, if your child named "honesty" as a virtue, then it could be matched to the Cardinal Virtue of justice.

A Life of Virtue

Have your child read the first paragraph of this section. Ask: ***How can the virtues help us identify when we might need to turn to the Sacrament of Reconciliation?*** (The virtue of charity helps us recognize that we have not loved God as we should; the virtue of justice motivates us to make right our relationship with God; faith teaches us that we can receive God's forgiveness in the sacrament; and hope allows us to trust in God's mercy.)

If you choose, scan the QR code on the page and watch the video together.

Pages 151–152

Chapter Review

Help your child complete the Chapter 18 Review on page 151. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review.**

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to reflect on Luke 9:18–21.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 152.

Page 153

Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 153. Say: ***Jesus is our example of how to live a spiritual life. He has called us to be an example for others so they will also come to know God.***

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: ***To grow in our spiritual life, we must develop a healthy relationship with God. The best way to do this is to receive the Eucharist.***

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TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge.** Have your child answer the question. (ANSWER: virtue) Say: ***We grow in virtue through prayer, good works, and the sacraments, especially the Eucharist.***

Access additional Family Resources by scanning the QR code at the bottom of page 153.

Page 154 Families in Mission, continued

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 154. Explain that the saints remind us that we show our love for Jesus by caring for people who are poor and forgotten. Say: ***Like Saint John Bosco, we are called to share our faith and teach others that Jesus loves them.***

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith,** pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: ***We can help others grow in faith by inviting them to share in our faith.***

Together, read 1 John 4:1–4 and reflect silently upon the reading to bring the chapter to a close.

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Page 203

Chapter 25: Unit 3 Review

Before You Begin

1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
2. Decide how or whether you will experience the media for this chapter.

Looking Back

Have your child read this section. Ask: ***Are there any topics from the unit that you would like to review?*** Review whatever topics your child mentions.

Have your child complete the activities **Reflecting on Unit 3** and **Personal Inventory** on page 203.

Pages 204–205

Faith in Action: Blessed Carlo Acutis

Have your child read this section and have him or her describe Carlo's faith in his or her own words. Ask: ***What inspires you about his story?*** (He was young; he helped others; he made a website dedicated to the eucharistic miracles.) Share with your child what inspires you about Carlo's story. If you choose, scan the QR code on the page and watch the video together.

Have your child complete the activity **Words to Know from Unit 3.** Ask your child to explain how these terms help him or her understand the faith better. Have your child complete the activity **Missed Match** on page 205.

If you choose, scan the QR code on page 205 and have your child take the **Interactive Chapter Review.**

Pages 206–207

We Celebrate: Our Journey in Life

Pray with your entire family the prayer service on pages 206 and 207. You can read the lines for Leader and have family members be the Readers.

Page 208

Unit 3 Review

Have your child complete the crossword puzzle **Life Savers** on page 208 and discuss the quote from Saint Basil in the **Words to Ponder** feature. Together, share ways you and your family can apply Saint Basil's words.

If you choose, scan the QR code on page 208 and have your child complete the **Stump the Shepherd** unit review.

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Page 209 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 209. Say: ***Jesus calls us to live in the light of God's love.***

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: ***Jesus' disciples live in his truth and seek to learn how to apply and follow his teachings in daily life.***

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge.** Have your child answer the question. (ANSWER: king.) Say: ***A true disciple is a servant-leader.***

Access additional Family Resources by scanning the QR code at the bottom of page 209.

Page 210 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 210. Explain that the saints show us how to love Jesus and others. Say: ***Saint John was known as the "beloved disciple." We are called to Jesus' beloved disciples.***

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith,** pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: ***When we share our faith, we are doing more than just talking about it. We are sharing our relationship with Jesus.***

Together, read 1 John 5:7–12 and reflect silently upon the reading to bring the chapter to a close.

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