

We Receive the Bread of Life



CHAPTER 21 Study Guide

*Keep these ideas in mind as you study **Chapter 21**.*

At the Last Supper, Jesus gave his Apostles the gift of peace. Today, the priest says, “The peace of the Lord be with you always.” We say, “And with your spirit.” Then we offer one another a sign of peace.

Page 155

We ask Jesus to forgive us. We pray, “Lamb of God, you take away the sins of the world, have mercy on us.”

Page 155

We say, “Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.” We tell Jesus that we believe we are unworthy to receive the gift of himself. The Body and Blood of Jesus Christ heals our souls.

Page 156

Before receiving Jesus Christ in the Eucharist, we fast for an hour from everything except water and medicine.

Page 157

When we receive Holy Communion, the priest or extraordinary minister of Holy Communion raises the consecrated Host and says, “The Body of Christ.” We bow and answer, “Amen.”

Page 157

The time after Holy Communion is sacred. We are united with Jesus and his family. Jesus is within us. Jesus, who loves us, has given himself to us.

Page 159