We Are Faithful to Ourselves and Others

GRADE 4

CHAPTER 16 Study Guide

Keep these ideas in mind as you study ***Chapter 16****.*

Genesis 1:27 says that God created male and female in his image. When we love ourselves and others for whom God made us to be, we treat our bodies with respect. When we respect our bodies, we honor God.

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Praying, participating in the sacraments, reading Scripture, making sacrifices, and respecting our bodies are ways to keep ourselves holy.

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Modesty is the human (moral) virtue that helps us dress, act, and speak in appropriate ways.

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The Sixth Commandment says you shall not commit adultery, and the Ninth Commandment says you shall not covet your neighbor's wife. These commandments help us be faithful to the people in our lives.

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God wants us to have many good friends. Friends are people who care about each other. They are faithful to each other. Friends help each other love God and do what is right.

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Marriage is a special friendship in which a man and a woman want to share their lives and start a new family together.

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In the Sacrament of Matrimony, a baptized man and a baptized woman make vows to each other in the presence of God and the Church. The Holy Spirit gives the husband and wife the grace to keep these promises.

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The Holy Spirit came to live in us when we were baptized, so we are Temples of the Holy Spirit. We are to respect and take care of our bodies, using them in ways that give glory to God.

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