Christians Are Faithful in Love

GRADE 5

CHAPTER 22 Study Guide

*Keep these ideas in mind as you study **Chapter 22**.*

Sexuality is a special gift God gave married men and women. It is a way they can share their love and create new life.

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Chastity is a moral virtue that helps unite our physical sexuality with our spiritual nature.

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We are all called to practice self-control and to respect our bodies and the bodies of others.

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The Sixth Commandment tells us not to commit adultery. Adultery is when two people, at least one of whom is married to someone else, engage in a sexual relationship with each other.

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The Ninth Commandment says not to covet your neighbor's wife. A person should not desire someone outside his or her marriage.

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The Sixth and Ninth Commandments refer to married people, but these commandments remind us that we all should treat sexuality with reverence.

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Mary is also known as Mother Most Chaste. She was a good wife and mother. She knows that temptations surround us, and she wants to help us choose what is right.

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Prayer can help us achieve self-control and chastity. The Holy Spirit can give us love and courage.

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We show respect for our bodies because they are the Temples of the Holy Spirit.

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