The Eucharist Is the Center of Christian Life

GRADE 5

CHAPTER 5 Study Guide

*Keep these ideas in mind as you study **Chapter 5**.*

Jesus celebrated the Jewish feast of Passover the night before he died. We know this meal as the Last Supper.

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At the Last Supper, Jesus offered himself to the Father for us. By doing so, he gave us our greatest act of worship—the Eucharist.

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Jesus gave us the Eucharist to nourish and strengthen us. We are fed in the Eucharist, which is our most important sacrament.

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The Passion, Death, Resurrection, and Ascension of Jesus is the Paschal Mystery. We enter the Paschal Mystery when we celebrate the Eucharist.

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When the priest consecrates the bread and wine, Jesus Christ becomes really and truly present in the Blessed Sacrament. This is the *real presence*.

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Mortal sin separates us from God. If someone has committed a mortal sin, he or she must confess it before receiving Holy Communion.

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One way we prepare for Holy Communion is through fasting for one hour beforehand. We can drink water or take medicine, however.

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After Holy Communion, the Blessed Sacrament is placed in the tabernacle, where we can honor the Lord.

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A priest may take the Blessed Sacrament to those who are sick. Extraordinary ministers of Holy Communion also do this work.

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Exposition is a time for us to worship through prayer, song, readings, and processions. Benediction occurs when the priest kneels at the altar and the Blessed Sacrament is incensed.

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