

A Moment with Jesus

Jesus is always with us. We can tell him anything. Talk to Jesus in the quiet of your heart.

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A Moment with Jesus

Tell Jesus about your favorite thing in the world. Thank him for his goodness and love.

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A Moment with Jesus

Ask Jesus to take care of your worries. Thank him for his love and care.

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A Moment with Jesus

Talk to Jesus in the quiet of your heart. Ask him to help you know the Father.

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A Moment with Jesus

Who is someone that needs Jesus' light?
Talk with Jesus about how you can help.

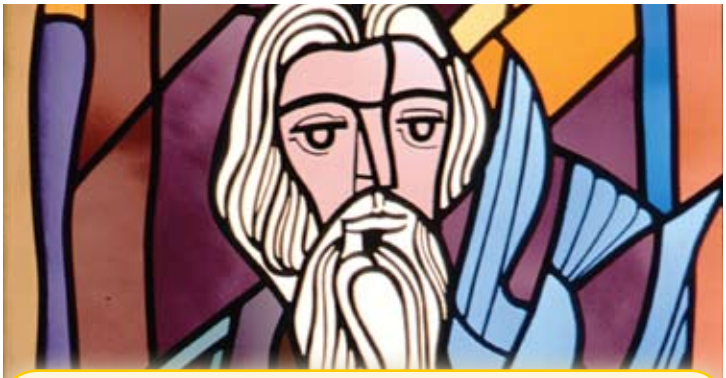
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A Moment with Jesus

Talk to Jesus in the quiet of your heart.

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A Moment with Jesus

Take some time to visit with God. Pray the words of Samuel.

God is my Father.
God talks to me. I listen.
I talk to God. He listens.
I am praying.
Speak, Lord. Your child is listening.

adapted from 1 Samuel 3:9

Listen quietly. Thank Jesus for your visit.

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A Moment with Jesus

Pray to God using the words Jesus taught us.

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.

Amen.

Thank Jesus for teaching us to pray.

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A Moment with Jesus

Talk to Jesus in the quiet of your heart. Thank him for being our Savior.

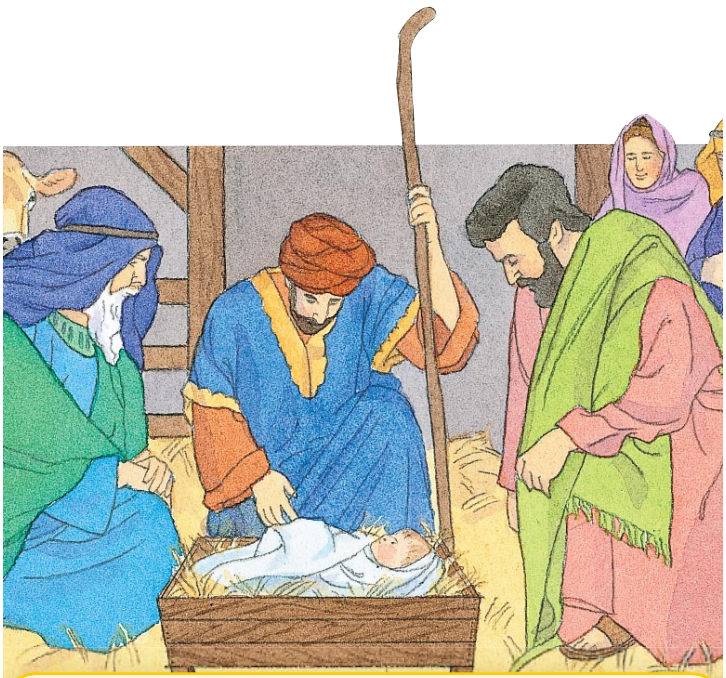
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A Moment with Jesus

Tell Jesus about your family. Ask Jesus to bless them.

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A Moment with Jesus

Imagine you are with Mary and Joseph in the stable. You kneel next to Jesus. What do you say to him?

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A Moment with Jesus

Say a prayer for Jesus' special helpers. Ask Jesus to help them in their work.

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A Moment with Jesus

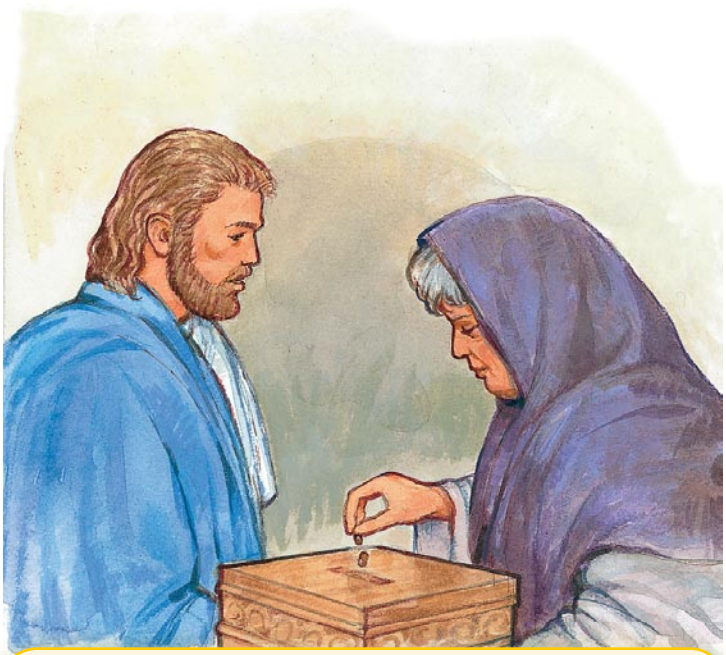
Think of people you know who are sick. Ask Jesus how you can show his love to them. Thank Jesus for his loving care.



A Moment with Jesus

Pray the Morning Offering slowly.

O Jesus, I offer you
all I think, do, and say.
Bless me and make me
like you today.
Amen.



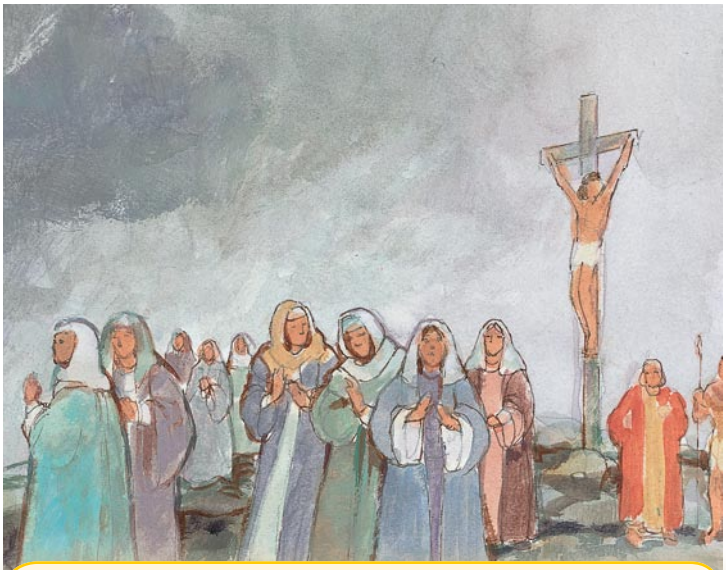
A Moment with Jesus

Thank Jesus for the kindness of the woman at the Temple. Ask for his help in giving as she did.



A Moment with Jesus

Tell Jesus what is in your heart. Ask him for his love and peace.



A Moment with Jesus

Pray the words below. Thank Jesus for saving us.

I love you, Jesus my Savior.

A Moment with Jesus

Pray these words adapted from the Peace Prayer of Saint Francis.



Lord, make me an
instrument of your peace:

where there is hatred,
let me bring love;

where there is injury,
let me bring pardon;

where there is doubt,
let me bring faith;

where there is despair,
let me bring hope;

where there is darkness,
let me bring light;

and where there is sadness,
let me bring joy.





faith



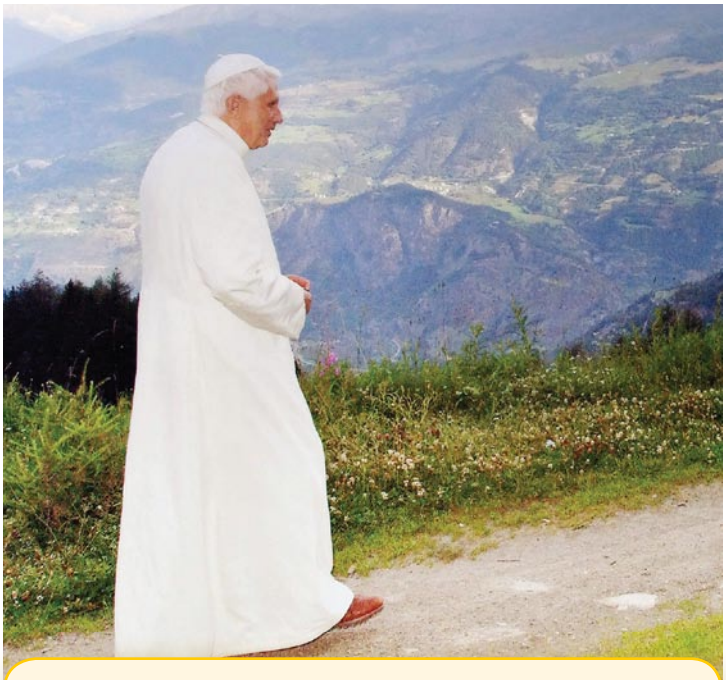
hope



love

A Moment with Jesus

Thank Jesus for the gifts of faith, hope, and love.



A Moment with Jesus

Pray for all the leaders of our Church.



A Moment with Jesus

Pray to Jesus in the quiet of your heart. Tell Jesus how you will be like Mary his mother.

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A Moment with Jesus

Think of bringing Jesus' love to someone you know.

Ask Jesus to bless this person.

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