



A Moment with Jesus

Imagine getting a phone call from Jesus. What do you say when you get on the phone with Jesus? Let him know that you are always ready to answer his call.

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A Moment with Jesus

Think about all the wonderful gifts that God has given you. Ask Jesus for his help in using your gifts and in seeing other people's gifts. Thank Jesus for his goodness.

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A Moment with Jesus

Talk with Jesus in the quiet of your heart. Ask him to help you to be holy in everything that you say and do. Thank Jesus for showing us how to be holy.

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A Moment with Jesus

At the **Annunciation**, the angel Gabriel told Mary that God had chosen her to be the mother of Jesus.

Mary answered God's call with a yes.

Think about Mary's yes to God. How can you say yes to God today? Tell Jesus how happy you are that Mary is his mother and ours.

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A Moment with Jesus

Read the Scripture passage quietly.

As high as the heavens are above the earth,
so high are my ways above your ways
and my thoughts above your
thoughts.

Isaiah 55:9

Thank Jesus for helping us know God's
mysteries better.

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A Moment with Jesus

What is one thing that you can do today to
show that you are thankful?

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A Moment with Jesus

What is one place that you are glad that
Jesus is there with you?

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A Moment with Jesus

Quietly pray to Jesus using the words of the
Psalm Prayer.

O LORD, our Lord,
how awesome is your name through
all the earth!
You have set your majesty above the
heavens!
When I see your heavens, the work of your
fingers,
the moon and stars that you set in place—
What are humans that you are mindful of them,
mere mortals that you care for them?
Yet you have made them little less than a god,
crowned them with glory and honor.
You have given them rule over the works of
your hands,
put all things at their feet:
All sheep and oxen,
even the beasts of the field,
The birds of the air, the fish of the sea,
and whatever swims the paths of the seas.

Psalm 8:2,4–9

Thank Jesus for sharing his grace with us.

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A Moment with Jesus

Quietly pray the words of the angels in Luke's story.

"Glory to God in the highest, and peace to his people on earth."

Tell Jesus how happy you are that he was born.

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A Moment with Jesus

Imagine you are with Jesus in the desert. Talk to Jesus about temptations you face. Ask Jesus for his help in overcoming temptation.

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A Moment with Jesus

Imagine that Jesus takes your hand. What does he say to you? Thank Jesus for caring so much for children.

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A Moment with Jesus

Think about all Jesus did to save us. Thank Jesus for his great love for us.

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A Moment with Jesus

Pray these words adapted from the Peace Prayer of Saint Francis.

Lord, make me an instrument of
your peace:

where there is hatred, let me
bring love;

where there is injury, let
me bring pardon;

where there is doubt, let
me bring faith;

where there is despair,
let me bring hope;

where there is darkness,
let me bring light;

and where there is
sadness, let me bring joy.



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A Moment with Jesus

Pray the Our Father adding the ending we
use at Mass.

For the kingdom,
the power and the glory are yours,
now and for ever.

Think about how awesome God's kingdom
is. Thank Jesus for being our good king.

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A Moment with Jesus

Thank Jesus for giving us the gift of the
Holy Spirit. Tell Jesus about the ways you
listen to the Holy Spirit.

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A Moment with Jesus

Talk to Jesus using the words of the psalm.

You will show me the path to life.
With you, there is boundless joy.
In your right hand there is happiness
forever.

adapted from Psalm 16:11

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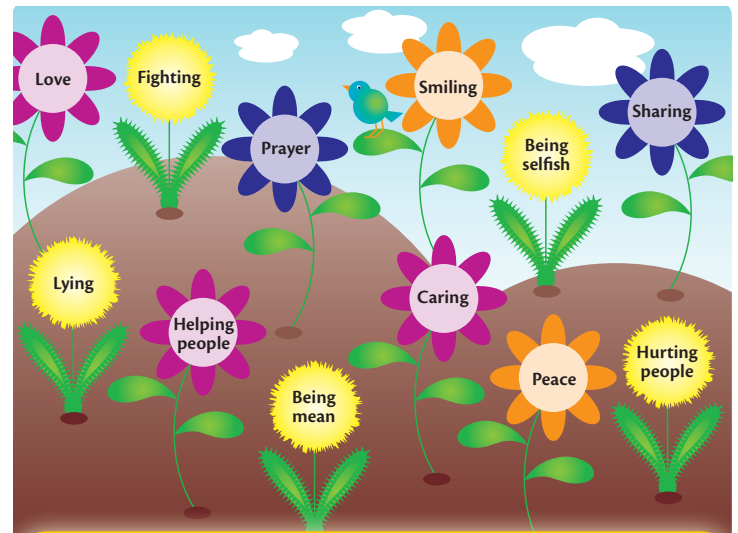


A Moment with Jesus

Thank Jesus for giving us the Spirit.
Pray the Holy Spirit prayer.

Come, Holy Spirit, fill the
hearts of your faithful,
And kindle in them the
fire of your love.

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A Moment with Jesus

Share with Jesus things for which you are
sorry. Read the kind and forgiving words
of Jesus.

"You are forgiven. Go in peace."

adapted from Luke 7:48,50

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A Moment with Jesus

Imagine the son standing before his
forgiving father. Now imagine that you
are standing before Jesus. What do you
say to Jesus?

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A Moment with Jesus

Talk to Jesus in the quiet of your heart.
Thank him for always being with you.

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